

A PERCEPTION TOOL FROM BESPOKE TRADITION

THE DISCERNMENT GUIDE

Five quick questions to ask before something new enters your life.

Everything you bring into your life becomes part of how you live. Before you buy something new, take a moment. Think about what it is, and what it brings with it.

I. PURPOSE

- Why am I considering this?
- Do I actually need it, or do I just want it right now?

II. QUALITY

- Is this the right material for what it actually needs to do?
- Does it look like someone thought that through, or just went with whatever was easiest?

III. BELONGING

- Does it fit where it's going?
- Will it make things feel calmer, or just more cluttered?

IV. STEWARDSHIP

- Can it be repaired, or only ever replaced?
- Will I still want it in a few years?

V. DISCERNMENT

- If I wait thirty days, will I still want it?
 - Would one really good one serve me better than three so-so ones?
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A FINAL THOUGHT

This isn't about owning less, or owning more. It's about being conscious of what belongs. Everything you bring in becomes part of your life. Choose carefully.



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